

The Yoke's on You

Passage: [Matthew 11:25-30](#)

Date: March 9, 2008

Jesus Praises the Father (25-26)



Jesus is the Only One Who Can Reveal the Father to Us (27)

The Invitation (28-30)

*The yoke of **discipleship** is the only way to **get some rest**.*

Come to Me,
take My yoke,
learn from Me.

Reflect on the Message (Matthew 11:25-30)

1. Write down the things that burden your soul the most. Reflect on why they burden you. Does it boil down to the fact that you do not have the ability to guarantee that things will work out the way you want them to?
2. Read **Matthew 11:25-30**. Pray about what it says, especially with your list in mind.
3. For each item on your list, reflect on how being a disciple of Jesus can be the only way by which you can receive rest for your soul.
4. Pray about what you've learned.

